



Camper Info Packet for Catalyst 1

HELLO FROM HONEYROCK!

We're excited to have your camper be a part of our Catalyst 1 program and an integral part of our camp community. We invite you to join us in praying specifically for the spiritual transformation of your camper as they spend 5-7 weeks learning how to serve others and grow in their relationship with the Lord.

Through this packet, we're going to walk you through important information. **Please read it carefully!**

WITHIN THIS DOCUMENT

- Registration Checklist
- How to Prepare for Camp
- Daily Program Schedule
- Packing List
- Transportation & Arrival Info
- Beehive Store
- How to Send Letters, Packages
- Health Center Overview
- Family Day Information

CONTACTS

Emails, Phone Numbers

Registration: 630.752.5240
honeyrock.register@wheaton.edu
Receptionist: 630.752.7474
honeyrock.receptionist@wheaton.edu

Office Hours

Open: Monday-Friday: 8am-5pm | Saturday: 8:30-12pm
Closed: Daily for lunch, 12-1pm | Sundays

Health Center

630.752.6143
honeyrock.nurse@wheaton.edu

Calling After-Hours

An "after hours" emergency phone will be monitored when the office is closed. To access, simply call the main office number and listen for the recording which will prompt you to the emergency number. This is only for emergency use during the following times:

- Saturday 12p – 10p
- Sunday 7a – 10pm
- Weekday Evenings: 4:30 p.m.–10:00 p.m.

Mailing Address

Camper Name
Camper Program – Cabin Name/Number (if known)
8660 Honey Rock Road
Three Lakes, WI 54562

Website

wheaton.edu/honeyrock/summer-camp

PARENT'S REGISTRATION TO-DO LIST ASAP

- Review the list of deadlines below and add them to your calendar

To Be Completed by April 15, if Applicable

- Need-Based Scholarship Application Due

By May 15, for Everyone

- Pay Your Balance
- Finalize Part 2 of Registration, including:
 - Health Form*
 - Terms and Conditions**
 - Behavior Covenant**
 - Additional Questions
- Incoming/Outgoing Transportation Selected: Everyone must select incoming and outgoing transportation, even if driving your camper to and/or from HoneyRock for Check-in or Family Day

Required if Applicable:

- Inhaler and Epi Pen Waiver**
- Immunization Waiver**
- Family Day Registration:** if you plan to attend, please register!
- Transportation Authorization Form Completed:** if someone other than the camper's parent/guardian is completing pick-up, this form is mandatory. Find it at wheaton.edu/HRtransport.
- Roommate Request:** If you made a roommate request, double check that your camper has been linked with their friend in the registration. **We cannot accommodate roommate requests or changes less than 3 weeks before your program begins.**
- Health Form:** Verify this information is correct:
 - Name of medication
 - Dosage
 - whether an immunization waiver is needed.

*The Health Form must be updated every year for each camper. If your child takes medication:

- Discuss with your doctor the most simple and effective medicinal regimen while at camp.
- Enter and update each medication in your registration.
- Delete any discontinued medications from your registration.

**Terms and Conditions, Behavior Covenant: Your signature indicates you and your camper have carefully read and are 1) aware of the risks involved in camp activities and 2) agree with HoneyRock's behavior expectations. If your child is in violation of our Behavior Covenant you may be asked to pick him or her up from HoneyRock at your expense as deemed necessary by the Program Manager.

PREPARING FOR SUMMER CAMP

Catalyst 1 is an incredible opportunity to build character through service, grow deeper in faith, and form

meaningful relationships that last a lifetime! Here are some ways to prepare for Catalyst:

- Pray with your camper about their camp experience including their unit leaders, cabin leaders, and fellow campers.
- Talk about and set goals for your time at camp.
- Come to Family Day at the end of your camper's program. This allows you to see firsthand what your child experienced. You'll also get one-on-one time with your camper's cabin leader to talk about their experience.

DAILY SCHEDULE

This is the basic schedule for Catalyst 1:

Wake Up
Solid Rock (Optional)
Breakfast
Devos
Work Rotation
Lunch
Work Rotation
Dinner
Evening Activities / Free Time
Cabin Reflection
Lights Out!

Meals: We eat family style! Campers enter the Dining Hall as a cabin and sit around a table with their cabin.

Solid Rock: This is an optional challenge for campers to engage in self-selected spiritual disciplines, prayer, all culminating in a camp wide 5k run!

Cabin Impact: Cabin leaders prepare interactive lessons that engage with Scripture and discuss how we live our faith in today's culture.

Morning Watch: All campers take a few minutes of alone time to read Scripture, pray, and reflect.

Activities: From drama to waterskiing and archery to crafts and more, we offer a wide variety of activities to serve campers with a variety of interests.

Wilderness Immersion: All in Catalyst 1 go on a fun wilderness trip, with opportunities to play in and explore the almost 1000 acres of natural beauty owned by HoneyRock.



PACKING FOR CAMP

Prescription Medications

All medications must be given to the camp nurse at Check In. They will be distributed during the session only by our Health Center Staff.

Please do not send non-prescription medications (e.g. Advil) and herbal supplements with your camper.

Remember to include/update all medication information in your camper's registration BEFORE arriving at check-in. This will streamline the check-in process.

It is important that all medication:

- Arrives in the original prescription package
- Labeled with camper name & dosage
- Includes special instructions, if applicable

Dress Code

HoneyRock aims for an appropriate standard of dress. At no time should a camper wear clothing that shows their undergarments. Due to the active nature of HoneyRock, spaghetti-strap tank top, short/tight shorts or shirts, should not be packed/worn. In addition, swimsuits should be chosen to allow for active participation in all water sports.

Do Not Bring...

Gum, Food, MP3 Players, iPods, iPads, Electronic Games, Cell Phones, Drugs/Alcohol, Magazines, Fireworks, Firearms, Knives, Inappropriate books, Cigarettes

Lost and Found

Please call the receptionist with a detailed description of lost items. If your item is found, we will ship for the cost of postage plus a \$5 handling fee. We strongly recommend writing your child's name on all clothes (yep...even socks!) and all other items he/she brings to camp.

Laundry

Every other weekend, Catalyst 1 campers go to a local town to do laundry and have a fun day off site.

We charge a one-time laundry fee which is taken out of your camper's Beehive account at the beginning of the session. We reserve this amount to ensure your camper will have enough money to do laundry. We distribute \$10 per laundry trip.

PACKING LIST

Keep in mind that nights/evenings can occasionally dip below 60°F and days can reach 90°F. Cabins have screen windows, so the temperature outside how it feels inside. Packing layers is key! We spend most of our time outside, so clothes that can get dirty are good!

Clothing

- Underwear
- Socks
- Pants (jeans, sweats)
- Shorts
- T-Shirts (long & short)
- Pajamas
- Sweatshirt/Fleece
- Jacket
- Rain Jacket
- Hat(s) (Beanie/Ball Cap)
- Swim suits

Shoes

- Sneakers
- Sandal with a Heel Strap
- Shower Shoes – *flip flops, slides*

Other

- Sleeping Bag*
- Warm Blanket
- Pillow
- Beach Towel
- Shower Towel
- Laundry Bag
- Insect Repellent (non-aerosol)
- Pens/Pencils
- Camera
- Bible
- Journal
- Flashlight
- Sunscreen
- Water bottle
- Stationary/Stamps
- Toiletries
- Small bag/backpack



Optional

- Fitted Twin XL Sheet
- Sunglasses/Baseball Cap
- Extra Batteries for Flashlight
- Alarm Clock
- Watch
- Laundry Bag

**Sleeping bags should be rated to 30°F and able to pack down to 9"x20" for use on the wilderness trip. If your camper does not have one, sleeping bags are available for purchase at HoneyRock and in the Pre-Orders step in your camper's registration.*

***Catalyst 1 campers will be serving in all areas of camp and should make sure to bring the proper clothing and footwear. A sturdy pair of boots and 2-3 pairs of pants and shirts that can get dirty are perfect for service areas like the Barn or Grounds!*

FROM THE HONEYROCK HEALTH CENTER

On behalf of the HoneyRock Health Center, hello! My name is Sara Waltz, and I am the Health Services Supervisor. I have been a nurse for over twenty years and have three children of my own. I first came to HoneyRock as a parent to drop off our oldest at Intro Camp. All I could think about was "is she even old enough to be here?!" Now, all of my kids can't wait to attend each summer.

One of the biggest questions we receive concerns homesickness - know that we treat it just as we would a scraped knee - with understanding, compassion, and support.

Our Health Center is staffed by a volunteer doctor, two summer nurses, a weekly volunteer nurse, two nurses' aides, and myself. We have clinic hours Monday through Friday in both the morning and afternoon. On Saturday and Sunday, we continue to see campers on an as-needed basis.

Rest assured that your campers are well cared for by our team, many of whom have (or had!) campers at HoneyRock.

FAMILY DAY AT HONEYROCK

Family Day allows you to step into your camper's shoes and get a taste of his or her experience. You can expect to participate in many activities, meet with your camper's counselor(s), attend a closing ceremony, dinner in Chrouser and more!

While there is no charge for participation, you must register your family to attend. Parents are invited to arrive as early as 1:30pm on their family day.

To register for Family Day, please first visit our Family Day webpage for details and instructions on how to register your family!

<https://www.wheaton.edu/honeyrock/programs/summer-camp/family-day/>

Catalyst 1 Campers will remain overnight at HoneyRock after Family Day and depart at 8:00am the following morning.

Family Day Expectations

- Leave pets at home
- Keep your cell phone in your car

What to Wear on Family Day

Check the forecast—you'll be outside all day. Wear casual, comfortable clothes that layer well.

Our swim area will be open weather permitting - so bring a swimsuit and towel if you'd like to swim.

Lodging

Hotels in our area quickly fill every summer. We recommend making your reservations early. HoneyRock does have accommodations, but they are very limited and require a 2-night minimum stay.

Inquire by calling our receptionist for information and housing availability.

Below, we have a few nearby accommodations – we suggest visiting yelp.com to get the most up-to-date reviews on accommodation quality.

Hotels

- Best Western: 717.479.1600
- Days Inn: 715.479.5151
- Super 8: 715.477.0888

Campgrounds

- Hi Pines Campground: 715.479.9124
- Chain O Lakes Campground: 715.479.6708



LETTERS, BUNK NOTES, AND PHOTOS

While on Trip

The following services (delivering mail, capturing photos) are not provided while your camper is on their wilderness immersion experience (campouts, trips).

Sending Letters and Packages

We love when parents send postcards, letters, or packages with fun decorations or small games.

Do not include food if your camper is in a program that is two weeks or less. Any food, even in sealed packages, invites animals into cabins and could also create risks for cabin mates with allergies.

Never send money. If your camper needs money, please add funds to their Beehive account through their registration in your HoneyRock account.

Camper Name / Session / Cabin Number
8660 Honey Rock Road Three Lakes, WI 54562

Bunk1 Notes

Bunk Notes are the fastest and easiest way for you to send a letter to your camper. Families can send their camper letters customized with photos, fun borders, and puzzles through their Bunk Notes account!

After you send your Note, we receive it at HoneyRock and print it at 8 am. The letters are then delivered to your camper's cabin's mailbox and distributed along with traditional mail within 24-36 hours.

Bunk1 Photos

You'll see the first photo of your camper, along with their cabin, on their arrival day. Our summer media team loves capturing the camper experience through photos! While we try to capture a photo of every camper throughout their time at HoneyRock, we're not always able to do so.

Setting Up Your Bunk 1 Account

Learn more & access photos: wheaton.edu/HRphoto

THE BEEHIVE

The Beehive is our onsite store. Campers can purchase snacks, beverages, clothing, souvenirs, basic toiletries, postcards, stamps, and more!

While we do offer sweet treats, there are healthy options available including trail mix, granola bars, and sparkling water.

If you have expectations for how the money is or is not to be spent, please have the conversation before camp. This is a great opportunity to grow responsibility in your camper!

Setting Up Your Camper's Beehive Account

For campers, all sales in store are on an account-only basis (no cash). These accounts should be set up prior to your camper's session as you register online. You may add to this account at any time through your camper's itinerary. We recommend \$30 for each week your camper attends camp with a \$10 minimum.

Unspent Beehive Account Funds

At the end of each session, campers have the opportunity to donate funds from their Beehive account to our camper scholarship fund. Remaining balances of \$10 or more will be refunded in September to parents who did not pre-select to have remaining funds donated to our Camper Scholarship Fund.

Did you know HoneyRock has an online popup shop? Visit our online Beehive Store to have HoneyRock gear and merchandise sent directly to your home!
<https://www.bonfire.com/store/honeyrock/>

TRANSPORTATION

May 15th is the Transportation deadline. We need to know how your camper is getting to and from camp by this date, otherwise we cannot guarantee a spot on a bus or airport shuttle.

As a part of the registration process, **you will need to choose transportation options both to and from camp for each child, even if you plan to attend Family Day.** This includes parents who are bringing their camper by car! Please be sure to talk with your camper about how they are getting home so that they are not surprised on departure day!



By Family Car

*Arriving by Family Car – 1:30 – 3:30 pm**

If you are driving your camper directly to HoneyRock, please plan to arrive between 1:30 and 3:30pm for check-in on the day the camp session begins. Upon arrival our staff will direct you to the check-in area.

*Catalyst 2 arrival is between 2:00pm – 4:00pm.

Departing by Family Car

If you are picking up your child from camp on Family Day of the session, parents are invited to arrive as early as 8:30 am on their family day. You can expect to give your campers a big hug around 9am.

A parent or legal guardian will need to sign your camper out with their counselor before departing. If someone other than the parent or legal guardian is picking up your camper, please complete the **Transportation Authorization Form** in your camper's registration.

By Airplane

The shuttle fee for RHI is \$75 or CWA is \$150 each way. Once your reservation is made, please email the cell phone numbers of both you and your camper to the Registration Coordinator. In turn, we will email our shuttle driver's contact information to share with both the airline and your camper.

If your child is flying to camp, we ask that they fly into to Rhinelander Oneida County Airport (RHI – preferred) or Central Wisconsin Airport (CWA) in Mosinee, WI.

HoneyRock is not responsible for the cost of extra luggage or any unaccompanied minor fees.

Arriving by Airplane

Please arrange arrival for the day your camper's session begins:

- CWA between 6am and 3pm
- RHI between 6am and 3pm

If these times are impossible to arrange, please call or email Registration *before* making your reservation to discuss options. We cannot guarantee airport shuttle service outside of this window of time.

Departing by Airplane

Arrange departure from CWA or RHI between 10am and 4:00pm on the day the camp session ends.

If these times are impossible to arrange, please call or email Registration *before* making your reservation to

discuss options. We cannot guarantee airport shuttle service outside of this window of time.

Money for Departing Air Travel

If you send travel money with your child, please seal it in an envelope with his/her name and amount and pack it in a location known to your camper. Our staff will secure this money while your child is at HoneyRock and will return it at the end of the session. We are unable to withdraw money from the Beehive for travel home.

By HoneyRock Bus

This is our most used transportation option! Coach buses have a bathroom and comfortable seating. We also provide age-appropriate movies and teach your campers some of our favorite camp songs. There is at least one HoneyRock staff member on each bus to monitor campers and ensure their wellbeing. We make a lunch stop at a rest area near Madison for campers to stretch their legs and eat a provided lunch. Transportation to HoneyRock on the HoneyRock Bus is available for a \$95 fee.

Return transportation to Madison, and Wheaton stops is available for a \$95 fee. Please note that depending on numbers we may send a smaller van, driven by trained and certified HoneyRock staff.

In early June, we will share our detailed drop-off and pick-up plan for parents who are dropping their camper off at the bus.

Please see the grid at the end of this packet for the bus schedule.

Bus Travel Reminders

Snacks. Nut-free snacks and water are permitted on the bus. Due to a number of campers with serious nut allergies, we ask you do not send snacks that contain nuts. To help keep the busses clean, do not send gum, juice, soda, milk, or other types of liquids.

Electronic Devices. Do not send your child on the bus with a cell phone, iPod, or similar electronic device or game. These items are not permitted at HoneyRock; we are not responsible for loss or damage.



If a camper is getting a ride home from the HoneyRock or the bus drop off with anyone other than their parent or legal guardian, we must have a completed copy of the

Transportation Authorization Form. You can find this in your camper's registration form in your HoneyRock account

TRANSPORTATION

Buses To HoneyRock

A \$95 fee is charged for travel to HoneyRock.

| City | Location | Address | Check In-Time | Programs |
|----------------|--|---------------------------------------|------------------------------------|----------|
| Wheaton, IL | Wheaton College | 501 College Ave. Wheaton, IL 60187 | 6:30am (8:00am - Catalyst 2) | all |
| Schaumburg, IL | I-290 W, Exit 1B Landmarks: Streets of Woodfield, Legoland Discovery Center | (see location) | 8:00am | all |
| Westfield, WI | WisDOT Rest Area 82 Westfield, WI | (See Location) | 11:30am | all |

Buses From HoneyRock

A \$95 fee is charged for travel to HoneyRock.

| City | Location | Address | Destination Arrival Time | Programs |
|-------------|-----------------------------------|---------------------------------------|-----------------------------|----------|
| Madison, WI | Culvers - Exit #126 off Hwy 39 | 490 Co RD V De Forest, WI 53532 | 12:00pm* | all |
| Wheaton, IL | Wheaton College | 501 College Ave. Wheaton, IL 60187 | 2:30pm* | all |

*Subject to change based on earlier stops, traffic, and weather conditions.

Check our Facebook page at facebook.com/honeyrock for real time travel updates.



