

## **Barrett W. McRay, Psy.D.**

Associate Professor  
Department of Christian Formation and Ministry  
School of Mission, Ministry & Leadership  
Wheaton College  
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### ***EDUCATION***

Psy.D. Wheaton College, Wheaton, IL, Clinical Psychology, 1998  
APA approved program

M.A. Wheaton College, Wheaton, IL, Clinical Psychology, 1995

M.A. Wheaton College, Wheaton, IL, New Testament Studies, 1986

B.A. Wheaton College, Wheaton, IL, Biblical Studies, 1983

Lipscomb University, Nashville, TN, Biblical Languages, 1979-81  
Middle Tennessee State University, Murfreesboro, TN, Archaeology, 1980

### ***PROFESSIONAL EXPERIENCE***

- 2006-present Associate Professor  
School of Mission, Ministry & Leadership  
Department of Christian Formation & Ministry  
Wheaton College, Wheaton, IL
- 2008-present Clinical Director  
Alliance Clinical Associates, Wheaton, IL
- 2000-present Licensed Clinical Psychologist  
Alliance Clinical Associates, Wheaton, IL
- 2008-2016 Department Chair  
Department of Christian Formation & Ministry  
Wheaton College, Wheaton, IL
- 2004-2006 Clinical Supervisor  
Central DuPage Pastoral Counseling Center, Carol Stream, IL
- 2001-2006 Assistant Professor  
Department of Christian Formation & Ministry  
Wheaton College, Wheaton, IL
- 1998-2001 Visiting Assistant Professor

- Department of Christian Education  
Wheaton College, Wheaton, IL
- 1998-2000 Postdoctoral Psychology Resident  
Alliance Clinical Associates, Wheaton, IL
- 1997-1998 Predoctoral Psychology Intern  
Village of Hoffman Estates: Department of Health & Human Services,  
Hoffman Estates, IL
- 1997-1998 Director of Counseling Ministries (Graduate Psychology Extern)  
Naperville Presbyterian Church, Naperville, IL
- 1996-1997 Director of Senior High Ministries  
Naperville Presbyterian Church, Naperville, IL
- 1993-1995 Mental Health Counselor  
Linden Oaks Hospital, Naperville, IL
- 1987-1991 Director of Youth Ministries  
Our Savior's Lutheran Church, Lake Oswego, OR

***COURSES TAUGHT AT WHEATON COLLEGE (2013-2019)***

- Undergraduate: CFM 115. Introduction to Christian Formation & Ministry  
CFM 131. Introduction to Spiritual Formation (Passage)  
CFM 333. Student Care in College Ministry  
CE 335. Foundations of Youth Ministry  
CE 336. Care and Counsel in Youth Ministry  
CFM 339. Compassion & Crisis Ministry: Responding to Trauma and  
Suffering  
CE 494. Senior Seminar  
CFM 495. Sexuality and Spiritual Formation
- Graduate MA: CFM/HESD/OAL 534. Care and Counsel in Ministry  
CFM 521. Personal Spiritual Formation
- Graduate PsyD: PSYC 731. Spirituality I  
PSYC 732. Spirituality II  
PSYC 733. Spirituality III  
BITH 623. History of Pastoral Care

*Additional Courses Taught at Wheaton College (prior to 2013)*

- Undergraduate: CE 322. Human Development & Ministry  
Graduate MA: CFM 515. Nature & Development of Persons  
CFM 522. History & Traditions of Spiritual Formation  
CFM 631. Youth Ministry

CFM 681. Integrative Seminar  
 EVAN 624. Pastoral Care & Counseling  
 PSYC 551. Counseling Challenges in Ministry  
 Graduate PsyD: BITH 624. Theological Ethics  
 PSYC 893. Training & Supervising Lay Counselors in the Church

*Curricular & Pedagogical changes:*

Each year, in collaboration with Dr. Rob Ribbe, Director of HoneyRock and Rachael Cyrus, Director of Passage, we engage in a process of assessment and modifications to the curriculum and faculty training program for Wheaton Passage (CFM 131: Introduction to Spiritual Formation). This results in modifications to faculty supervision and training, student leader supervision and training, pedagogy for the course, reading assignments, grading procedures, and program assessment.

In collaboration with Justin Heth, Dean of Residence Life, and the Resident Directors of Wheaton College dormitories, significant modification occurs each year to the curriculum and pedagogy of CFM 333: Student Care in College Ministry. This course is the final component of an overarching training program for undergraduate Resident Assistants in the college dormitories.

I have added diversity readings to all courses as a result of assessments and increasing emphasis on the need for cultural competence in diverse cultural contexts.

I have modified the curriculum and pedagogy of a formerly shared core graduate course, Care & Counseling in Ministry, to align with the specific foci of the new M.A. programs in Outdoor Adventure Leadership and Higher Education & Student Development and to adapt to hybrid educational design.

I have incorporated new uses of technology in residential, modular, and hybrid courses.

***APPROVED SABBATICAL LEAVES***

2014-2015 Full year sabbatical

Spring 2008 Sabbatical

***PROFESSIONAL HONORS AND GRANTS***

2015 Congo Initiative Grant to help facilitate reconciliation for multinational organization in Entebbe, Uganda

2014 Senior Faculty Teaching Award, Wheaton College

2010 Domanada Foundation Grant to speak to faculty, administration, and students at the *Université Chrétienne Bilingue du Congo* in DR Congo on issues related to spiritual formation, student care, curriculum development, and faculty development

2007 Faculty Missionary Project Grant & Domanada Foundation Grant to speak at conference in DR Congo on *Post Conflict Church Development and Reconstruction*

## **PUBLICATIONS**

McRay, B. W., Barwegen, L., Haase, D. T., Karianjahi, M., Larson, M.L., Ribbe, R., Schwanda, T., Setran, D. P., and Wilhoit, J. (2018). Spiritual formation and soul care in the department of Christian Formation & Ministry at Wheaton College. *The Journal of Spiritual Formation & Soul Care*, 11(2), 272-296.

Yarhouse, M. A., Bucher, E. K., Zaporozhets, O., Morgan, T., & McRay, B. W. (2018). Youth ministry educators: A survey of interest, knowledge, and experiences with sexual minorities and institutional climate. In O. Enok & J. Rolf (Eds.), *Human sexuality. Understanding sexuality: Perspectives and challenges of the 21st century* (pp. 125-145). Hauppauge, NY: Nova Science Publishers.

McRay, B. W., Yarhouse, M. A., Butman, R. E. (2016). *Modern psychopathologies: A comprehensive Christian appraisal*. 2<sup>nd</sup> ed. Downers Grove, IL: InterVarsity Press.

McRay, B. W. (2016). How do people develop their thinking? In T. Linhart (Ed.), *Teaching the Next Generations* (pp. 67-85). Grand Rapids, MI: Baker.

Jack, A.S., McRay, B.W., Setran, D.P. (2005). "Tassel flipping: A portrait of the well-educated youth ministry graduate." *The Journal of Youth Ministry*, 4(1), 53-74.

Yarhouse, M.A., Butman, R.E., & McRay, B.W. (2005). *Modern psychopathologies: A comprehensive Christian appraisal*. Downers Grove, IL: InterVarsity Press.

Meek, K.R., McMinn, M.R., Brower, C.M., Burnett, T.D., McRay, B.W., Ramey, M.L., Swanson, D.W., & Villa, D.D. (2003). Maintaining personal resiliency: Lessons learned from evangelical protestant clergy. *Journal of Psychology and Theology*, 31 (4), 339-347.

Dunkelblau, E., McRay, B., & McFadden, M. (2001). "Funny ... you don't sound like a supervisor!": The use of humor in psychotherapy supervision. In W.A. Salameh & W.F. Fry, Jr. (Eds.), *Humor and Wellness in Clinical Intervention* (pp. 221-235). West Port, CT: Praeger Publishers.

McRay, B.W., McMinn, M.R., Wrightsman, K.R., Burnett, T.D., & Ho, S.D. (2001). What Evangelical pastors want to know about psychology. *Journal of Psychology and Theology*, 29 (2), 99-105.

McRay, B.W., McMinn, M.R., & Meek, K.R. (1998). Questioning the "slippery slope": Ethical beliefs and behaviors of private office- and church-based therapists. *Counseling and Values*, 42(2), 142-150.

McMinn, M.R., & McRay, B.W. (1997). Spiritual disciplines and the practice of integration: Possibilities and challenges for Christian psychologists. *Journal of Psychology and Theology*, 25(1), 101-109.

McMinn, M. R., Meek, K. R., & McRay, B.W. (1997). Beliefs and behaviors among CAPS members regarding ethical issues. *Journal of Psychology and Christianity*, 16(1), 18-35.

### ***PROFESSIONAL ACTIVITIES (2013-2019)***

#### ***International Teaching & Consulting***

McRay, B.W. (2019, March). *Clinical management/supervision & spiritual formation*. Central and Eastern Europe Mental Health Advisory Group Conference, Prague, Czech Republic.

McRay, B.W. (2018, March). *Sexuality & Christian faith: Contemporary issues for mental health professionals*. Central and Eastern Europe Mental Health Advisory Group Conference, Prague, Czech Republic.

McRay, B.W., (2017, March). *Marriage & sexuality*. Central and Eastern Europe Mental Health Advisory Group Conference, Prague, Czech Republic.

McRay, B.W. (2016, March). *Mental health care and the church*. Central and Eastern Europe Mental Health Advisory Group Conference, Prague, Czech Republic.

McRay, B. W. (2015, February). Invited 3-day consultation with international members of CI-UCBC and CI-USA, Entebbe, Uganda.

#### ***Academic Conference Presentations***

McRay, B. W., Barwegen, L., Setran, D. P., & Haase, D. (2019, October). *Transformational learning: A philosophy of learning for Christian higher education*. Panel to be presented at the annual meetings of the Society for Professors of Christian Education. Minneapolis, MN.

Morgan, T., Zaporozhets, O., Bucher, E., Yarhouse, M. A., & McRay, B. W. (2015, April). *Youth ministers' attitudes toward and experiences with sexual minority youth: A quantitative analysis*. Virginia Psychological Association State Conference. Virginia Beach, VA.

Bucher, E., Morgan, T., Yarhouse, M., McRay, B. W. (2014, April). *Youth ministry educators: A survey of attitudes toward sexual minorities, church climate, ministry approaches and religiosity*. Poster presented at the International Conference of the Christian Association for Psychological Studies. Atlanta, GA.

Yarhouse, M. A., Colpitts, D., Dean, J., Stratton, S., McRay, B. W. (2014, April). *Multiple identity considerations among sexual minority Christians*. Symposium presented at the International Conference of the Christian Association for Psychological Studies. Atlanta, GA.

Ribbe, R., & McRay, B. W. (2013, November). *Camp ministry foundations*. Preconference full day workshop presented at the annual conference of the Christian Camp and Conference Association. Colorado Springs, CO.

McRay, B. W. (2013, November). *Adventure-based orientation programs for colleges*. Workshop presented at the annual conference of the Christian Camp and Conference Association. Colorado Springs, CO.

***Selected Training Workshops, Presentations, Lectures, and Chapel Addresses***

McRay, B. (2019, September). *Pastoral Care and the Mental/Spiritual Health of the Church*. Video lectures recorded for use in online courses of the School of Mission, Ministry & Leadership, Wheaton College, Wheaton, IL.

McRay, B. (2019, April). *Spiritual Formation & Psychotherapy*. Lecture to doctoral psychology students, Wheaton College, Wheaton, IL.

Wahlskog, C., McRay, B., & Jack, K. (2019, April). *Gender and sexuality*. Panel presentation to the Parent Forum, Parkview Community Church, Glen Ellyn, IL.

McRay, B. W. & Ribbe, R. (2017, December). *Learn it here: place and experiential learning in the humanities*. Humanities Brown Bag Colloquium, Wheaton College, Wheaton, IL.

McRay, B.W. (2015, February). *Psychotherapy and spiritual formation*. Colloquium addresses given to student body and faculty of the Psy.D. program of George Fox University, Newburg, OR.

McRay, B.W. (2013, August). *Desegregating the soul*. Inside Wheaton Interview. Retrieval from <http://www.wheaton.edu/WETN/All-Media/Inside-Wheaton>.

McRay, B. W. (2013, February). *Depression*. Chapel address given to student body of Wheaton College, Wheaton, IL.

McRay, B.W. (2013, February). *Soul care among youth workers and the students in their ministry*. (T. Linhart, Interviewer) Youth specialties roundtable. Retrieval from <https://blog.youthspecialties.com/ys-roundtable-episode-2-barrett-mcray/>

McRay, B. W. (2012, January). *Is homophobia a problem at Wheaton*. Address given to members of the student body of Wheaton College.

McRay, B. W. (2011, March). *Christian spiritual formation among college students: Current theory and research*. Keynote address given at the Pepperdine University Spiritual Life Forum to Board of Regents and select faculty.

McRay, B. W. (2011, March). *Defining spiritual formation and its implications for the ethos and practice of Christian higher education*. Address given at the Pepperdine University Spiritual Life Forum to Board of Regents and select faculty.

McRay, B. W. (2011, March). *Spiritual life outcomes in practice*. Address given at the Pepperdine University Spiritual Life Forum to Board of Regents and select faculty.

***Memberships, Offices, & Board Service***

American Psychological Association

Christian Association for Psychological Studies

Society for Professors of Christian Education

Honey Rock Advisory Board/Partners, Three Lakes, WI

Congo Initiative Board of Directors, Democratic Republic of Congo (2007-present, Vice-Chair 2012-2018)

Association of Youth Ministry Educators Executive Board of Directors, Treasurer (2008-2013)

***ADVISING LOAD & ACTIVITIES (2017-2019)***

CFM department freshmen advisor

Academic advisor to 37 undergraduate students

CFM department advisor and liason to CFM MA with concentration in Outdoor Adventure Leadership and the new OAL MA

Advisor for MA Theses and Creative Projects

3<sup>rd</sup> Reader for Psy.D. dissertations related to ministry

Faculty coordinator for CFM undergraduate certificates

Worked with Refuge students, Student Development, and Chaplain's office to help develop program for LGBTQ students following discontinuation of Refuge

***INSTITUTIONAL SERVICE***

2019 Strategic Plan Steering Committee

2004-present Training for graduate and undergraduate student leaders for Summer Leadership School at HoneyRock, Three Lakes, WI.

2005-present Faculty director for Wheaton Passage

2009-present Honey Rock Faculty Advisory Committee

2015-present Annual training for Bridge staff on sexuality and gender

2017-present Curriculum Committee

2018-2019 Planning Team for Wheaton hosting Association for Christians in Student Development annual conference

2018 Consultation with Wheaton College Counseling Center staff

2017 Faculty support team for Fischer dorm following death of student

2017 Support group for Wheaton College soccer team following death of teammate

2017 Training seminar for Wheaton College Counseling Center staff

2013-2016	Student Development Sexuality Task Force
2016	Training seminar for Wheaton College Counseling Center
2016	Training for DSG leaders
2015	Training for Wheaton College Admissions sponsored youth pastor event
2015	Training seminar for Wheaton College Counseling Center staff
2014	Training workshop for Wheaton College Admissions sponsored youth pastor event
2010-2014	New Student Transition Task Force
2013-2014	HNGR mentor and on-site visitor, Xalapa, Mexico
2013-2014	Faculty Council
2013-2014	College Life Committee, Chair
2014	Co-led team for Higher Learning Commission site visit establishing HoneyRock as an “additional campus location” of Wheaton College
2008-2013	BGC Scholarship Executive Advisory Committee
2013	Panel participant for Student Development sponsored “What is Sexuality” event
2013	Training workshop for DSG leaders on crisis response
2013	Faculty responder for Student Development sponsored “Know Your Neighbor” event
2013	Panel participant for Student Development sponsored sexuality discussion
2013	Participated in President’s prayer team for Refuge

***CHURCH MEMBERSHIP & CHURCH/COMMUNITY SERVICE (2013-2019)***

Member, St. Mark’s Episcopal Church, Glen Ellyn, IL

Youth Leadership Team, St. Mark’s Episcopal Church, Glen Ellyn, IL

Youth Minister Search Team, St. Mark’s Episcopal, Church, Glen Ellyn, IL

2007-present Annual presentations to the Eastern European Studies Summer Program, Wheaton College on the intersection of psychology & theology

2013-present periodic preaching at local congregations

2018 *Shepherding people through crisis.* Training workshop for staff and volunteer ministers, Chapelstreet Church, Geneva, IL.

2017 *Soul care.* Training workshop for pastoral and ministry staff of Christ Community Church, Geneva, IL.



- 2016 Training series on sex and sexuality for youth ministry of Chinese Alliance Church, Wheaton, IL
- 2014 Training workshop for youth ministry staff of Blanchard Road Alliance Church, Wheaton, IL
- 2013 Marriage seminar for Parkview Community Church, Glen Ellyn, IL